

Delaware Department of Education

CACFP Daily Menu | Infants 6 through 11 Months

Facility: _____

Week of: _____

Name: _____

Age: _____ MEDICAL STATEMENT ON FILE: ☐ YES ☐ NO

Please circle the items served.

Formula Type: _____

BREAKFAST	Monday/DATE:	Tuesday/DATE:	Wednesday/DATE:	Thursday/DATE:	Friday/ DATE:
(1) Breast milk* or iron-fortified fluid infant formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula
(2) Infant cereal, meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; or cheese; or cottage cheese, or yogurt; or combination of the above**	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt
(3) tablespoons of fruit or vegetables or a combination of both**	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach
LUNCH OR SUPPER					
(1) Breast milk* or iron-fortified fluid infant formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula
(2) Infant cereal, meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; or cheese; or cottage cheese; or yogurt; or combination of the above**	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt	Rice cereal, oatmeal, chicken, beef, turkey, ham, egg, cheese, cottage cheese, yogurt
(3) tablespoons of fruit or vegetables or a combination of both**	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach
AM or PM SUPPLEMENT					
(1) Breast milk* or iron-fortified fluid infant formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula	Breast milk Iron Fortified Formula
(2) slice bread; or crackers; or tablespoons of infant cereal or ready-to-eat breakfast cereal**	Bread, crackers, oatmeal, rice cereal, Ready to eat cereal: Cheerios, Kix, Chex, Wheaties, corn flakes, Crispix,	Bread, crackers, oatmeal, rice cereal, Ready to eat cereal: Cheerios, Kix, Chex, Wheaties, corn flakes, Crispix	Bread, crackers, oatmeal, rice cereal, Ready to eat cereal: Cheerios, Kix, Chex, Wheaties, corn flakes, Crispix	Bread, crackers, oatmeal, rice cereal, Ready to eat cereal: Cheerios, Kix, Chex, Wheaties, corn flakes, Crispix	Bread, crackers, oatmeal, rice cereal, Ready to eat cereal: Cheerios, Kix, Chex, Wheaties, corn flakes, Crispix
(3) tablespoons of fruit or vegetables or a combination of both**	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach	Applesauce, pears, bananas, prunes, peaches, apples, green beans, carrots, squash, sweet potatoes, peas, spinach

* See "Breastfeeding Support and CACFP Reimbursement" for more information on supporting mothers who breastfeed and reimbursement requirements.

** This component is only required when the infant is developmentally ready.

SEE THE INFANT MEAL PATTERN FOR MEAL COMPONENT REQUIREMENTS.